

# 2010 SUMMER CAC SOFTBALL LEAGUE CO-ED SLOW-PITCH SOFTBALL FOR SINGLES

## Summer Fun, Socializing and Exercising?! Great!—Tell me more!

Each year CAC organizes a Spring/Summer **co-ed softball league** consisting of 7 - 8 teams.

- There is a **Pre-Season Sports Mixer** where players meet their teammates and coaches and get information on the upcoming season.
- Games are played **weekly, on Sundays, beginning in April**. There are league practices / pick-up games on Thursday evenings throughout the season, open to everyone, even if not on a team.
- Games are played on the **VA Medical Center softball field** near the Highland Park Zoo.
- **Players gather after the games** at a local restaurant/bar for more camaraderie.
- The entire season is then followed by our **Annual Sports Picnic in September**.
- The league is **open to CAC members as well as non-CAC members who are single** (i.e. not married) who are **at least 21 years of age**.
- This is a **recreational league open to all skill levels and ages and focused on FUN!** Even if you are new to the game, we encourage you to join.

## How do I sign up?

- Please **COMPLETELY FILL OUT the application and RETURN WITH YOUR PAYMENT**.
  - Applications with Payment are to be **post-marked by February 27, 2010**.
  - Checks are payable to: **CAC of Pittsburgh**. Must receive payment to be registered.
  - **NEW PRICES FOR 2010:** Please read carefully.
    - CAC Members: \$40 This applies to CAC Members in-good-standing
    - CAC Club Alumni: \$45 This applies to former CAC members who are now married.
    - NON-CAC Members: \$50 This applies to new AND returning players who are not members.
  - **EARLY-BIRD DISCOUNT: IF your application and payment are post-marked by February 13, 2010, you can pay the same league fees as 2009:**
    - CAC Member: \$35, CAC Alumni: \$40 and NON-CAC Member: \$45
  - There will be no refunds after a player has been assigned to a team (Mid-March).
- **Non-CAC Members:** please also include one self-addressed-stamped envelope with application.
- **ALL:** Please provide a valid email address for league updates and coach communications.
  - Add [cac.softball@yahoo.com](mailto:cac.softball@yahoo.com) to your address book to receive emails from CAC Softball
- The application is ONLY used by the committee and coaches to draft teams with the goal of making the teams as balanced as possible. This is important for NEW and RETURNING PLAYERS.
- Applications will be accepted on a **first come, first served basis**. If enough players sign-up before the deadline, all additional applications will be placed on the waiting list.
- **ALL players qualify for league play regardless of softball ability**, and if you show up for your game on time, you are guaranteed to play.

## Wow! What a deal....wait – you mean there's more?!

- Each player gets a team shirt
- Each team makes the playoffs
- All players are admitted to the Annual Sports Picnic in September at no additional cost. The picnic is catered and is held at a public park with plenty of space for games and fun.

**If you have any softball questions please contact Meredith:  
EMAIL (preferred) at [cac.softball@yahoo.com](mailto:cac.softball@yahoo.com) or call Meredith at 412-875-5362**

**YOUR APPLICATION MUST BE  
POST-MARKED BY FEBRUARY 28, 2010  
(or by Feb 13, 2010 for discount prices)  
PLEASE ANSWER ALL OF THE QUESTIONS**

**Mail application AND money to:**  
Meredith Patik  
14 Clearview Drive  
Pittsburgh, PA 15205

Name \_\_\_\_\_ **Circle:** Male Female

Street \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Valid Email \_\_\_\_\_ Home Phone \_\_\_\_\_ Cell \_\_\_\_\_

**Circle:** Are you a CAC member CAC Club Alumni Non-member Referred by whom? \_\_\_\_\_

**PLEASE: NEW AND RETURNING players please make sure to ANSWER ALL OF THE QUESTIONS!**

The following questions help CAC assign players to teams in a fair manner. The information that you provide will only be shared between the Softball Committee and coaches for the purpose of drafting teams. Feel free to include any additional information on a separate sheet if needed. ALL players qualify for league play regardless of softball ability.

1.) Have you ever played: a) softball? YES NO      b) in an organized softball league? YES NO  
c) in a co-ed slow pitch softball league? YES NO      d) in an organized baseball league? YES NO

2.) How many years of organized softball have you played? \_\_\_\_\_

3.) When was the last time that you played softball? \_\_\_\_\_

4.) List leagues or teams that you have played with \_\_\_\_\_

5.) If you have played in another league, what position(s) did you play? \_\_\_\_\_

6.) Which fielding position(s) are you least comfortable playing? \_\_\_\_\_

7.) Rate all the field positions in the order you prefer to play them. Use "1" for the most preferred field position and use "10" for the least preferred field position

<b><u>USE ALL 10 NUMBERS</u></b>					<b><u>USE EACH NUMBER ONLY ONCE</u></b>				
P	C	1B	2B	3B	SS	LF	LC	RC	RF
—	—	—	—	—	—	—	—	—	—

8.) How would you rate your softball ability? (Circle one)  
Excellent    Above Average    Average    Beginner    Never Played Before

9.) How would you rate your athletic ability? (Circle one)  
Excellent    Above Average    Average    Poor    Don't Usually Play Sports

10.) Please describe your sports demeanor (Circle all that apply)  
Non-Competitive    Somewhat Competitive    Competitive    Very Competitive    Somewhat Quiet    Cheerleader

11.) Team shirt size requested (Circle one)    Small    Medium    Large    X-large    XX-large

12.) What are you seeking from CAC Softball? (Circle all that apply)  
Have Fun    Meet People    Exercise    Competition    Other: \_\_\_\_\_

13.) Any other Sunday commitments that may require you to miss games, including vacation plans, please list:  
\_\_\_\_\_

14.) Comments/Requests: \_\_\_\_\_  
\_\_\_\_\_

**WAIVER:** Players play at their own risk and must be over 21 years of age and single or a CAC Member/Alumni. The Catholic Alumni Club of Pittsburgh assumes no responsibility for injuries or damage.

**SIGNATURE** \_\_\_\_\_ **DATE** \_\_\_\_\_